

Photographed by SABINE VILLIARD

TOP 30 anti-ageing experts

Meet the movers and shakers, the smoothers
and the shapers, in our round-up of the
UK's leading cosmetic-surgery talent*

BY OLIVIA FALCON

*All the surgeons listed are members of BAAPS or the American or European equivalent

BEST FOR EYES (CONT.)

NEW/ENTRY DR DIRK KREMER
SURGEON

Lifting the lid on a new procedure, Kremer (who hails from Munich) unveils the Turn Back Time Eye Lift. (We wonder if he's a Cher fan.) Whereas conventional eyelid surgery removes misplaced fat and cuts through the thin membrane surrounding the eyes, which can weaken it and cause further sagging in later life, this procedure tightens the delicate skin around eyes with a stitch to prevent unsightly bulges and bags. It forces the fat back into the orbital rim and gives a more natural result. Kremer is also on a mission to rid London of fake football boobs. He uses the split-muscle technique for his breast augmentations, where implants are placed in between the muscles for maximum subtlety. It's more *Made in Chesea* than *The Only Way Is Essex*.

Consultation, £125 T-B-T eyelift, £3,400
(harleystreetaesthetics.com or 0845 519 7232).



Turn back time

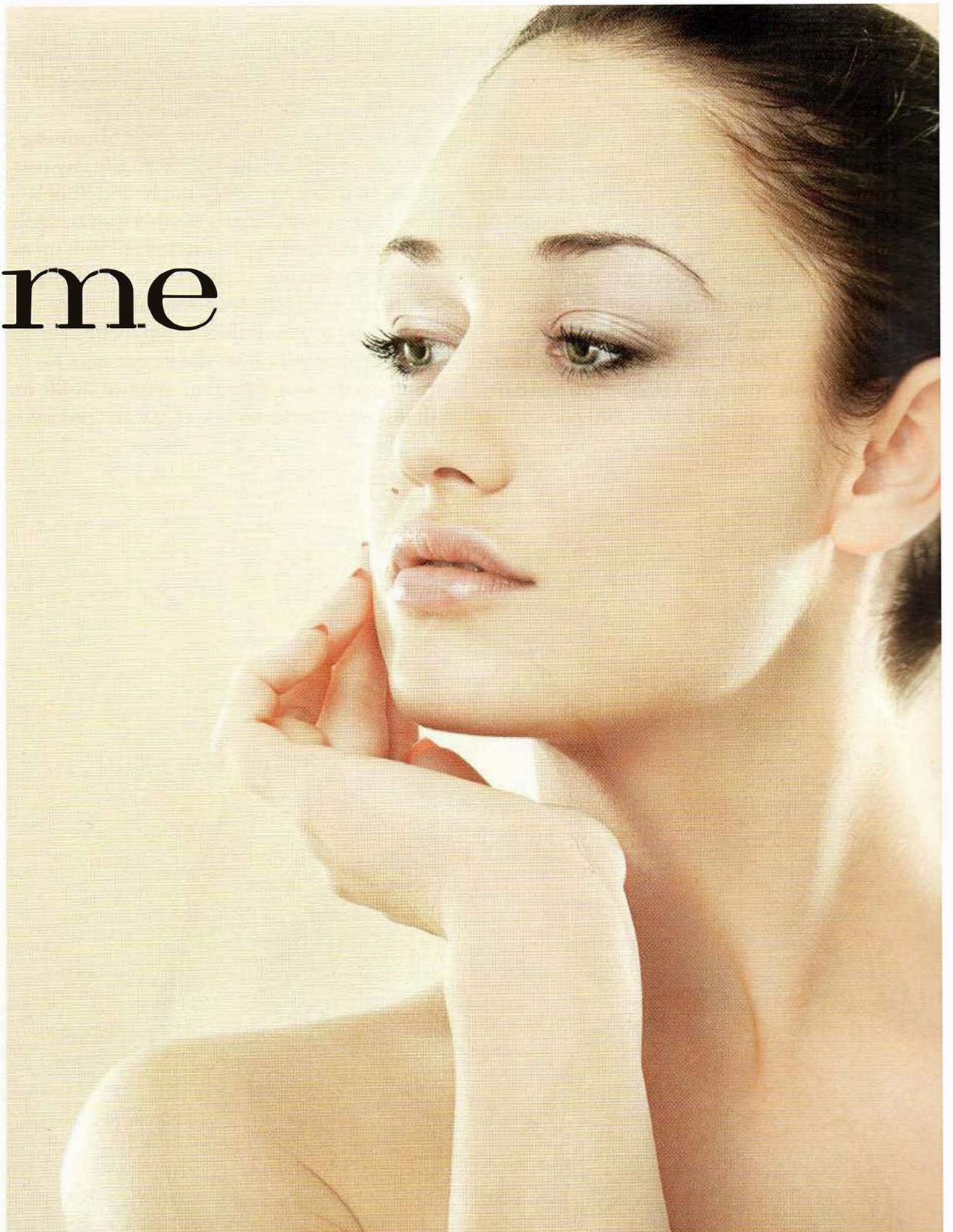
Renowned for his innovative surgical techniques, German plastic surgeon Dr Dirk Kremer is the go-to doctor for facial-surgery treatments



Once upon a time, Harley Street Aesthetics was London's best-kept secret. But, as with all great things, once word got out about the magic that went on behind its doors, clients were soon flocking from far and wide to pay

a visit to the clinic's chief plastic surgeon, Dr Dirk Kremer. Since moving from Germany to London three years ago, he has not only earned himself a reputation as one of the capital's top cosmetic surgeons, but also one of the most approachable and personable. And it's not just attention from clients Dr Kremer has been receiving; it didn't take long for magazines to get wind of his wonder treatments – with a knack for natural-looking results – and he is now the resident plastic surgeon on ITV's *The Alan Titchmarsh Show*. It seems everyone wants a piece of this doctor, and it's not hard to see why.

Throughout treatments and procedures, Dr Kremer's number one priority is to ensure none of his patients' original characteristic facial features is lost. 'In my opinion, a great facelift is one which goes unnoticed by friends and family. I like my patients to look rested and rejuvenated, rather than looking changed or different.' His clinic exclusive, the T-B-T facial treatment (Turn Back Time), certainly proves his knowledge of the science is more than just skin deep. Throughout youth, bony facial features – namely cheeks and eye sockets – are padded out with fat beneath the skin. When ageing occurs, fat pockets drop and skin loses elasticity, resulting in common signs of ageing. And, as often is the case, the simplest formulas are the best. 'Prior to surgery I'm keen to see a photograph of my patients in their youth, as it helps me visualise the extent of facial fat before



'I like my patients to look rested and rejuvenated, rather than looking changed or different.'

Dr Dirk Kremer

ageing kicked in.' Dr Kremer works to restore patients' features from their younger years – skin is pulled upwards instead of outwards, fat pockets are returned to their rightful place on the cheekbones, and patients leave looking younger and fresher, but not changed.

Dr Kremer's passion for his craft is evident in the time and attention he invests in each patient, guiding them from the initial meeting, through surgery, through to the final follow-up consultation. So you can feel safe in the knowledge you will be in expert hands.

For further information, please visit harleystreetaesthetics.com, email info@harleystreetaesthetics.com or call 0845 519 7232